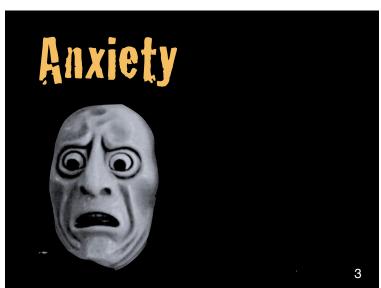


We know that we are not living within God's plan for us when -

## we don't have peace







Change requires risk, which invites anxiety and fear.

Managing fear demands faith.

People who do not manage their anxieties and fears

will resist the risks of faith in following man or God.



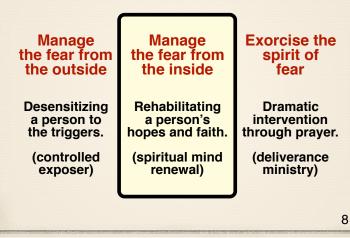
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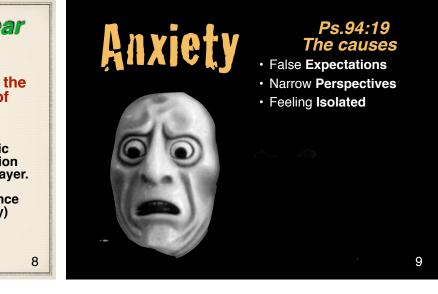
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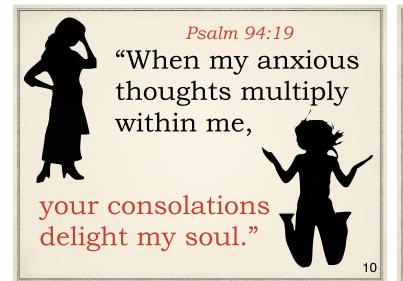
Leaders who do not respect people's fears and help them manage them will have a hard time leading.

5









# Consolations that delight my soul

- **Expectations** It's about God's image not mine.
- **Perspective** It's about the breadth of my vision.
- **Isolation** It's about knowing that I am not alone.

## Anxiety

#### Ps.94:19 The causes

- False Expectations
- Narrow Perspectives
- Feeling Isolated

#### *Matt.6:19-25 What not to do*

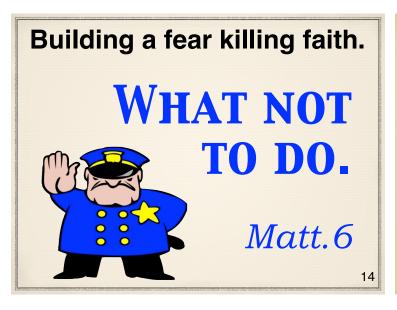
- Lead with the heart
- Trust God for the wrong things
- Try to have it both ways

12

## Remember the Spiritual issue is:

✓ Fear is about expectation -Hope

- ✓ Fear is about isolation -Love
- ✓ Fear is about courage -Faith



## Mistake #1 Leading with our heart rather than our choices.



13

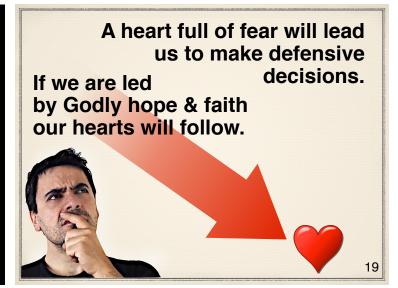
#### Matthew 6

"<sup>19</sup> Do not lay up for yourselves treasures upon earth, where moth and rust destroy, and where thieves break in and steal. <sup>20</sup> But lay up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; <sup>21</sup> for where your treasure is, there will your heart be also." 15





If it can decay or be taken away it is a false treasure that inevitably invites





-



"22 The lamp of the body is the eye; if therefore your eye is clear, your whole body will be full of light. 23 But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is the darkness!" 21

Mistake #2 Working hard and / or trusting God but for the wrong thing.



#### James 4:3-4

"<sup>3</sup> You ask and do not receive, because you ask with wrong motives, so that you may spend it on your pleasures. <sup>4</sup> You adulteresses, do you not know that friendship with the world is hostility toward God?" The problem is not our lack of faith.

It is that our faith is IN something other than God

and / or FOR something other than His kingdom.

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### Mistake #3 Believing that we can have it **both ways.**



#### Matthew 6

"24 No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth. 25 For this reason I say to you, do not be anxious for your life, as to what you shall eat, or what you shall drink; nor for your body, as to what you shall put on. Is not life more than food, and the body than clothing?" 24

## Serving two masters will double your anxiety not your security.

#### Matthew 6

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## Fear grows with false expectations therefore clear vision and hope are vital.

"the lamp of the body is the eye" Matthew 6:22

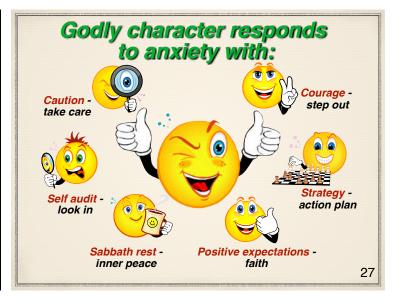
Worrying

does not take away

tomorrow's troubles;

it just takes away

today's peace.



### Take home

- Take your baptism seriously and invest your life in things that can't be taken away.
- ✓ When anxious, ask if you are trying to have it both ways.
- ✓ Work hard, trust God and fear not.

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